

SHERWOOD NEWS

Sherwood Elementary School

64 Maple Avenue Charlottetown, PE C1A 6E7

Phone: 902-368-6780, Fax: 902-368-6788 www.edu.pe.ca/sherwood

Principal: Jean Boudreau

Vice Principal: Francyne Doiron

January 13, 2020, Day 5

DATES TO REMEMBER

January 14- Home and School @7:00

January 17 – Skating Grades K - 3

January 19 – Deadline to order hot lunches
for Jan 20 – 31st

February 17- Islander Day (no school)

Parent Information Session for Late French Immersion at Stonepark is Monday, February 3, 2020 at 7:00 p.m. in the library of the school. (Storm date is Tuesday, February 4th).

SCENT FREE SCHOOL

Please note that Sherwood School has a fragrance/scent free rule that is in compliance with the Public Schools Branch.

FOOD SERVICES

We offer food services and milk/chocolate milk and juice Monday to Friday. The orders will be processed every two weeks on a regular basis. If the regular order day falls on a holiday, the orders will be placed for 3 weeks to avoid Tuesday orders. Our volunteers are not available on Tuesdays.

All orders must be placed by 9 am on the SUNDAY prior to the 2 week order cycle.

(Current Deadline: Sunday, January 19th/2020). We encourage parents to pay by Bambora. This saves sending money to school with your child and makes it much quicker for the order to be processed by the volunteers. If you need to send a cheque, please make cheques out to Sherwood School and send it in a baggie with your child's name, parent name and homeroom. If the payment is not received on time, your child's order will not be processed.

MENU OPTIONS

Mondays: Pure Kitchen (chicken caesar wrap) (\$4.50)

Tuesdays: Quiznos (\$3.75)

Wednesdays: Kurley's (chicken strips) (\$3.75)

Thursdays: Borrowed Kitchen (Spaghetti OR Grilled Cheese Sandwich with veggie or fruit and cookie OR Soft Taco Wrap Combo – whole wheat wrap with local lean ground beef in a homemade taco seasoning, cheddar cheese and served with fresh fruit or veggie (depending on availability) and a homemade cookie. (\$3.75)

Fridays: Domino's Pizza (cheese pizza and pepperoni pizza the last Friday of the month) (\$2.25)

Ice Cream – last Friday of month (\$1.25)

Yogurt tube - first 3 Fridays of the month (\$0.75)

ONLINE ORDERING PROCESS

- Please visit www.sherwood.hotlunches.net
- Click on register on the upper right hand corner
- Enter our school access code SEHL
- Fill in your information as required
- Make sure you register your child as the student and not yourself and ensure you pick the proper homeroom
- Please read the order dates carefully, we've had several parents order for the wrong 2 week period.
- If you need help at any time please click on the "help" tab then select "parent instruction guide"
- Choose food items and become familiar with the service.

PEANUT/NUT RESTRICTED SCHOOL

Sherwood School is a peanut/nut restricted school. We have a number of students who have a life threatening food allergy (anaphylaxis) to peanuts/nuts. Our school strives to keep these students safe in the school environment. It is necessary to check all ingredient labels to see if the products contain peanuts/nuts. Please do not send these products to school or on field trips at any time. Also we do not allow WOW butter in the school so please do not send this with your child. We appreciate the home and school working together to provide a safe place for all our students. Thank you for your cooperation.

COOLER WEATHER!!!

The weather is changing and parents are reminded to please send appropriate clothing for outdoor recreation. (Hats, mitts, snowpants, jackets, boots, etc).

SCHOOL DELAYS AND/OR CLOSURES

Parents, please remember to listen to radio stations in the morning in order to hear of any school delays or closures. If there is a delay it would be on the radio by 7:00 a.m. Also parents, you can check the Public School Branch website for these announcements as well. <https://edu.princeedwardisland.ca/psb/>

TerraCycle

At Sherwood School, we'd like to do our part in making the planet cleaner and more sustainable by taking part in various "Earth Actions" throughout the year in 2020. This week, classes began participating in the Staples Recycling Project called "Terra Cycle". You can learn more on our Greening And Ground blog: <http://greeningandgrounds.weebly.com/whats-new.html>

LOST AND FOUND

Our lost and found is growing! It's a shame to see so many nice warm mittens and hats turning up. Please take a few minutes to label your child's outdoor clothing so we can make sure lost items get returned to them.

HOME AND SCHOOL

Can't wait to see everyone at the next Home and School meeting; Tuesday, January 14th at 7:00 pm in the school library. New faces are always welcome.

Wizard Wands Classes

Join in the escapes of Harry and his friends. Solve mysteries. Cast Spells. Make wands. Brew some fantastic potions. Design your own magical creature and win gems for your house through lots of fun and games & challenges. Come join us where the magic of science, art, and literature meet and leave with a diploma from the STEAM School of Wizardry.

When? Fridays from 2:50 – 4:00 Jan. 17-Feb. 21

Who? Grades 1-6

Cost? \$80 for 6 classes

Where? Sherwood School

To register on line:

<http://steampei.jumblula.com/Winter2020/WizardsWandsatSherwood>

Or contact Sarah Fletcher 902-218-2296

Message from the Principal

Hello All,

Following up on our executive functioning item:

Hello all,
Our next foundational executive functioning skill is "Flexibility". Or the opposite of Sheldon Cooper on the Big Bang Theory for those of you who are fans. It is the ability to revise plans in the face of obstacles, setbacks, new information or mistakes. It relates to an adaptability to changing conditions. Our counselors use a programme called "Super Flex" with some of our kids to get them to overcome the evil "Rock Brain". We also use social stories with kids to model flexibility. We create the social stories and make them very personalized for the kids using photos of themselves in the school.

One of the big things with flexibility is to "Normalize errors". We also teach kids what is a "big deal" and what is a "little deal". Kids who struggle with flexibility have a hard time

distinguishing between the two. In a perfect world we would go to great lengths to walk kids through tasks, use gradual exposure to change, introduce new situations and control the responses with our explicit teaching. Some extreme cases might be OCD but let's not jump to conclusions. Some just need to learn.

Even as adults we struggle with flexibility. As a school administrator, we set up rules for kids and we sometimes come off as being quite inflexible about them. I can tell you that colouring too far outside the lines can get you into trouble since exceptions become rules... We have to understand that there will always be that kid or that adult who needs you to be flexible on a given day. I sometimes say that the rules are like the Pirate's Code. "More or less a set of guidelines".

SKATE DATES:

Fri., Jan 17th – K – 3

Fri., Jan 24th – 4 – 6

Fri., Feb 14th – K – 3

Fri., Feb 21 – 4 – 6

K's skate at 8:45 am

Gr 1 skates at 9:45 am

Gr 2 skates at 12:15 pm

Gr 3 skates at 1:15 pm

Gr 4 skates at 8:45 a.m.

Gr 5 skates at 9:45 am

Gr 6 skates at 12:15 pm

If there happens to be a one hour delay on any of the skating dates the first two groups will skate together at 9:45 a.m.