

SHERWOOD NEWS

Sherwood Elementary School

64 Maple Avenue Charlottetown, PE C1A 6E7

Phone: 902-368-6780, Fax: 902-368-6788 www.edu.pe.ca/sherwood

Principal: Jean Boudreau

Vice Principal: Francyne Doiron

November 20, 2019, Day 5

DATES TO REMEMBER

November 22nd – Report cards issued

November 24th – Hot lunch orders due @ 9 am

December 6th – PD Day (no classes)

December 10th – Christmas Concert (Grade 1) 6:30 pm

December 11th – Christmas Concert (Grade 2) 6:30 pm

December 20th – Last day of classes, 2019

January 6th – First day of classes, 2020

SCENT FREE SCHOOL

Please note that Sherwood School has a fragrance/scent free rule that is in compliance with the Public Schools Branch.

FOOD SERVICES

We offer food services and milk/chocolate milk and juice Monday to Friday. The orders will be processed every two weeks on a regular basis. If the regular order day falls on a holiday, the orders will be placed for 3 weeks to avoid Tuesday orders. Our volunteers are not available on Tuesdays. **Online ordering is available now up to December 20th.**

All orders must be placed by 9 am on the SUNDAY prior to the 2 week order cycle. (Current Deadline: November 24th at 9 am for the next 2 week cycle). We encourage parents to pay by Bambora. This saves sending money to school with your child and makes it much quicker for the order to be processed by the volunteers. If you need to send a cheque, please make cheques out to Sherwood School and send it in a baggie with your child's name, parent name and homeroom. If the payment is not received on time, your child's order will not be processed.

MENU OPTIONS

Mondays: Pure Kitchen (chicken caesar wrap) (\$4.50)

Tuesdays: Quiznos (\$3.75)

Wednesdays: Kurley's (chicken strips) (\$3.75)

Thursdays: Borrowed Kitchen (Spaghetti OR Grilled Cheese Sandwich with veggie or fruit and cookie OR Soft Taco Wrap Combo – whole wheat wrap with local lean ground beef in a homemade taco seasoning, cheddar cheese and served with fresh fruit or veggie (depending on availability) and a homemade cookie. (\$3.75)

Fridays: Domino's Pizza (cheese pizza and pepperoni pizza the last Friday of the month) (\$2.25)

Ice Cream – last Friday of month (\$1.25)

Yogurt tube - first 3 Fridays of the month (\$0.75)

ONLINE ORDERING PROCESS

- Please visit www.sherwood.hotlunches.net
- Click on register on the upper right hand corner
- Enter our school access code SEHL
- Fill in your information as required
- Make sure you register your child as the student and not yourself and ensure you pick the proper homeroom
- Please read the order dates carefully, we've had several parents order for the wrong 2 week period.

- If you need help at any time please click on the "help" tab then select "parent instruction guide"
- Choose food items and become familiar with the service.

PEANUT/NUT RESTRICTED SCHOOL

Sherwood School is a peanut/nut restricted school. We have a number of students who have a life threatening food allergy (anaphylaxis) to peanuts/nuts. Our school strives to keep these students safe in the school environment. It is necessary to check all ingredient labels to see if the products contain peanuts/nuts. Please do not send these products to school or on field trips at any time. Also we do not allow WOW butter in the school so please do not send this with your child. We appreciate the home and school working together to provide a safe place for all our students. Thank you for your cooperation.

STUDENT DROP OFF/PICK UP

The Cody Banks parking lot is the designated pick up/drop off area. There is a stairway at the back of the lot where students can safely cross over to our parking lot. For safety reasons, parents please do not drop off or pick up students on Maple Avenue, Pine Drive or the school's parking lot. Students should be in the building by 8:30 am in order to prepare for the beginning of class at 8:40 am. **Students arriving after 8:45 a.m. are asked to use the main entrance as all other doors will be locked.**

COOLER WEATHER!!!

The weather is changing and parents are reminded to please send appropriate clothing for outdoor recreation. (Hats, mitts, snowpants, jackets, boots, etc).

SCHOOL DELAYS AND/OR CLOSURES

Parents, please remember to listen to radio stations in the morning in order to hear of any school delays or closures. If there is a delay it would be on the radio by 7:00 a.m. Also parents, you can check the Public School Branch website for these announcements as well.

SCHOLASTIC BOOK FAIR

A huge thank you to the Sherwood School families that supported our Scholastic Book Fair. Financially, it was the highest grossing book fair that we have ever had at Sherwood. Total sales were \$6741.35, Sherwood School received \$3721.22 in Scholastic credit. Using that credit, we used \$1817.85 to purchase books for the library and classroom libraries. A big thanks to Joan Gallant, John MacKinnon, and Kevin Watts for helping with this fall's fair. We also had some help from several students in Mrs. Murphy's grade 6 class. Our next fair will be happening in March and our third fair is typically a buy one get one free event.

Eye See ... Eye Learn Program

To ensure children get the best possible start to their education, the **Eye See ... Eye Learn™** program provides one free eye exam and, if required, one free pair of glasses during their kindergarten year.

*Please note:
The PEI
Association of
Optometrists
and eyewear
sponsors,
VisionTech Labs
PEI and Viva
Canada have
partnered with
Health PEI to
offer this eye
health and
vision awareness program for kindergarten children.*



Why is it important for my child to have an eye exam?

When children start school, 80 per cent of their classroom learning is through vision. Regular eye exams give them the start they need to reach their learning potential. Eye exams can identify health problems and conditions such as a turned or lazy eye. These conditions may be successfully treated if they are identified early in a child's life. It is recommended that infants should have their first eye exam at **six months of age**.

How do I register my child for an eye exam?

1. Book an appointment with an [optometrist](#) for your kindergarten child.
2. Bring your child's PEI Health Card and private insurance information with you to the appointment.
3. If your optometrist is unable to bill your insurance provider directly, you will have to pay up front and be reimbursed. Submit your claim to your insurance provider, then [complete and submit an application for co-pay reimbursement](#) [PDF | 70 KB] to Health PEI for the remaining amount.

If you don't have insurance, [complete and sign a Declaration form](#) [PDF | 70 KB]. Your optometrist will not ask you to pay for the exam and glasses, if required, as they are covered by Health PEI and the PEI Association of Optometrists

HOME AND SCHOOL

The next Home and School meeting will be Tuesday, January 14th at 7 pm in the school library.

I am sure many of you were concerned with the news reports late last week indicating that construction on the new Sherwood Elementary was delayed. The executive of Home and School would like to ease everyone's mind and let you know that we have confirmation from the Minister of Education that we are still on track with the new school. Thanks to all who contacted us with their concerns.

Family Movie Night

When: Thursday, December 5th

Time: 6:30-8:30 pm

Where: Sherwood Gym

Pack up the whole family and join us for a free movie night in the gym. Put on your comfy clothes. Bring your sleeping bags, camp chairs and teddy bears and join other Sherwood families while we enjoy the movie Arthur Christmas. Popcorn and candy will be available for purchase, Please bring your own water bottle.

CHRISTMAS CONCERTS

Students in grades 1 and 2 are busy preparing for their Christmas concerts. Further information will be forthcoming regarding ticket sales, etc.

BABYSITTING COURSE

Baker's Safety Instruction, (Mr. Baker) will be running a Red Cross Baby Sitting course on Saturday, November 23rd from 8:30am to 5pm. The cost is \$40.00 and the course will be held at the Grace Christian School, 50 Kirkdale Dr., Charlottetown. If your child is interested in taking the course, please contact Mr. Baker via his email bsi@bakersafety.ca or visit his website baker.safety.ca.

SWIMMING LESSONS

Bell Aliant Centre/CARI Complex is offering winter and spring swimming lessons.

Winter Session: January 3rd - March 3rd on Tuesday or Thursday evenings depending on what class the child attends. There will be 2 sessions in the spring:

Spring Session 1: March 31-June 2

Spring Session 2: June 4-June 27

Registration opens November 26th for both Winter and Spring Sessions.

Can register by phone, online or by email.
(902) 569-4033 | Info@bellaliantcentre.ca | www.bellaliantcentre.ca

Message from the Principal

Hello All,

Following up on our executive functioning item:

The second Executive Functioning Skill that falls under Emotional Skills is "Working Memory". This is the ability to hold information in memory while performing complex tasks. It incorporates the ability to draw on past learning or experience to apply to the situation at hand or to project into the future. A student with good working memory remembers on their own to bring their gym clothes of the day they have gym (does not apply to Sherwood but you get the idea). An example of a student who struggles with working memory is a student who writes down his homework but then does not bother to check the homework log when they get home.

For these kids, we can put into place a number of strategies. Those agendas are very important. It is also important that we check them when we need to. Keep those laminated lists by the door as a visual reminder of what kids need to do. We often ask students to repeat instructions to us so they have an oral repetition of their tasks. Sometimes we will break the complex tasks into manageable pieces. "Do this then do that then come back to see me for more instructions." Kids who struggle in this area cannot be given a cornucopia of instructions and be expected to carry them out. When it is too much, they will shut down. Then we are left to evaluate why. Unfortunately we use a different measure sometimes. In the past we might have said the work did not get done because they were lazy. The work did not get done because they were overwhelmed.

We prompt kids to remind them. We might use some form of the "tie a string around your finger" method. We could use coloured wrist bands as cues for certain tasks. Again, this is a process they need to learn and it can take years.
Jean