

# SHERWOOD NEWS

Sherwood Elementary School

64 Maple Avenue Charlottetown, PE C1A 6E7

Phone: 902-368-6780, Fax: 902-368-6788 [www.edu.pe.ca/sherwood](http://www.edu.pe.ca/sherwood)

Principal: Jean Boudreau

Vice Principal: Francyne Doiron

October 23, 2019, Day 1

## DATES TO REMEMBER

October 30<sup>th</sup> – Photo Retake Day

November 7<sup>th</sup> – Remembrance Day Assembly (Grade 4 classes)

November 7<sup>th</sup> – Parent Teacher Interviews (after school and evening)

November 8<sup>th</sup> – Parent Teacher Interviews (no classes)

November 11<sup>th</sup> – Remembrance Day (no classes)

November 14<sup>th</sup> & 15<sup>th</sup> – PEITF Annual

Convention/CUPE Convention (no classes)

November 22<sup>nd</sup> – Report cards issued

December 6<sup>th</sup> – PD Day (no classes)

December 10<sup>th</sup> – Christmas Concert (Grade 1) 6:30 pm

December 11<sup>th</sup> – Christmas Concert (Grade 2) 6:30 pm

## SCHOOL VISITORS

A reminder to parents and guardians that all visitors to the school must report to the office to receive a visitor's tag. If you arrive to pick up or deliver something to your child and students are playing outside a staff member will go to get them.

## SCENT FREE SCHOOL

Please note that Sherwood School has a fragrance/scent free rule that is in compliance with the Public Schools Branch.

## LATE ARRIVALS

Please note that all doors lock at 8:45 am each morning. If students are arriving late, they are to use the main office doors.

## BREAKFAST PROGRAM

The Breakfast Program will run Monday through Friday from 8:05 a.m. until 8:40 a.m. Students will be served toast, milk or juice, and fruit. All students are welcome. If you can spare even an hour a week and would like to volunteer please contact Jesse Foster at 902-368-6780.

## FOOD SERVICES

We offer food services and milk/chocolate milk and juice Monday to Friday. The orders will be processed every two weeks on a regular basis. If the regular order day falls on a holiday, the orders will be placed for 3 weeks to avoid Tuesday orders. Our volunteers are not available on Tuesdays. **Online ordering is available now up to November 27<sup>th</sup>.**

**All orders must be placed by 9 am on the SUNDAY prior to the 2 week order cycle.** (Current Deadline: October 27<sup>th</sup> at 9 am for the next 2 week cycle). We encourage parents to pay by Bambora. This saves sending money to school with your child and makes it much quicker for the order to be processed by the volunteers. If you need to send a cheque, please make cheques out to Sherwood School and send it in a baggie with your child's name, parent name and homeroom. If the payment is not received on time, your child's order will not be processed.

## MENU OPTIONS

**Mondays:** Pure Kitchen (chicken caesar wrap) (\$4.50)

**Tuesdays:** Quiznos (\$3.75)

**Wednesdays:** Kurley's (chicken strips) (\$3.75)

**Thursdays:** Borrowed Kitchen (Spaghetti OR Grilled Cheese Sandwich with veggie or fruit and cookie OR Soft Taco Wrap Combo – whole wheat wrap with local lean ground beef in a homemade taco seasoning, cheddar cheese and served with fresh fruit or veggie (depending on availability) and a homemade cookie. (\$3.75)

**Fridays:** Domino's Pizza (cheese pizza and pepperoni pizza the last Friday of the month) (\$2.25)

Ice Cream – last Friday of month (\$1.25)

Yogurt tube - first 3 Fridays of the month (\$0.75)

## ONLINE ORDERING PROCESS

- Please visit [www.sherwood.hotlunches.net](http://www.sherwood.hotlunches.net)
- Click on register on the upper right hand corner
- Enter our school access code SEHL
- Fill in your information as required
- Make sure you register your child as the student and not yourself and ensure you pick the proper homeroom
- Please read the order dates carefully, we've had several parents order for the wrong 2 week period.
- If you need help at any time please click on the "help" tab then select "parent instruction guide"
- Choose food items and become familiar with the service.

## STUDENT SNACKS

Please remember to send a snack with your children for morning snack break. All snacks **must be peanut and nut FREE.**

## GREENING AND GROUNDS

Our Annual Fall clean-up will take place after school on Friday, October 25<sup>th</sup> between 3 and 5 p.m. and will consist of light yard work in the garden and in the flower beds around the school.

Come for any half hour block throughout that time and help us prepare our school grounds for winter - many hands make light work! Refreshments will be available. If you are arriving right at 3 pm, please come to the "Meeting Place" by the grade 2-3 doors and look for teachers wearing fluorescent duty vests. They will direct you to your area. Anyone arriving later, look for these same teachers around the grounds. We now have quite a bit of gardening equipment available (garden claws, hand tools, etc.), but you are welcome to bring your own. If you do, please be sure it is labeled. Extra rakes are welcome!

### Thank You!

Our thanks to the students and families who helped grow squash to donate to the Food Bank last week! We added this to the carrots and turnips which were grown in our school gardens to make a contribution of fall vegetables.

## PEANUT/NUT RESTRICTED SCHOOL

Sherwood School is a peanut/nut restricted school. We have a number of students who have a life threatening food allergy (anaphylaxis) to peanuts/nuts. Our school strives to keep these students safe in the school environment. It is necessary to check all ingredient labels to see if the products contain peanuts/nuts. Please do not send these products to school or on field trips at any time. Also we do not allow WOW butter in the school so please do not send this with your child. We appreciate the home and school working together to provide a safe place for all our students. Thank you for your cooperation.

## PHYSICAL EDUCATION

A big congratulations goes out to our cross country runners who ran at the Zone meet in Elliott River. We had a number of students that qualified to compete at the Provincial Championships! The individual runners who qualified are:

Sophie Chandler (1st place!!!), Owen MacDonald (12th place), Solen Trainor (17<sup>th</sup> place), Will Dunn (13<sup>th</sup> place), Mitchell Blanchard (15<sup>th</sup> place). We will also have a novice boys team and a pre novice girls team representing our school at Provincials!!! Great job everyone!

**Provincial results:** Another congratulations to our cross country runners who completed at the Provincial Championships this past weekend! Everyone did a great job running and representing our school! Special congratulations to our top 20 finishers: Sophie Chandler (7<sup>th</sup> place) and Owen MacDonald (12<sup>th</sup> place)! We also had a number of runners place in the top 30; Solen Trainor, Will Dunn and Mitchell Blanchard. Congratulations to everyone on a very successful cross country season!

## BOOK FAIR

Our first Book Fair will be held in the school library from Monday, November 4<sup>th</sup> until Friday, November 8<sup>th</sup>.

The fair will be open from 8:45 a.m. until 2:40 p.m. on Monday, November 4<sup>th</sup> and Tuesday, November 5<sup>th</sup> for students to look through the selection of books with their home room class.

On Wednesday, November 6<sup>th</sup> and Thursday, November 7<sup>th</sup>, the fair will be open from 8:45 a.m. until 2:40 p.m. for students to purchase books.

On Thursday evening, the fair will be open from 4:00 p.m. until 8:00 p.m. for families to purchase books.

The fair will also be open for families on Friday, Nov. 8<sup>th</sup> from 9:00 a.m. until 12:00 p.m.

## MUSIC NEWS

The choir will be taking part in the Remembrance Day Ceremony at The Mount Continuing Care Community on November 6<sup>th</sup>. **Permission slips will be going home soon. Please sign and return to the school.**

The Remembrance Day Assembly will be on Thursday, November 7<sup>th</sup> at 11am. The following classes will be performing: 4A, 4B, and 4C. The choir will also be taking part in the ceremony.

## STUDENT DROP OFF/PICK UP

The Cody Banks parking lot is the designated pick up/drop off area. There is a stairway at the back of the lot where students can safely cross over to our parking lot. For safety reasons, parents please do not drop off or pick up students on Maple Avenue, Pine Drive or the school's parking lot. Students should be in the building by 8:30 am in order to prepare for the beginning of class at 8:40 am.

Students arriving after 8:45 a.m. are asked to use the main entrance as all other doors will be locked.

## HOME AND SCHOOL

Thank you to everyone who came out to the first Home and School meeting. It was great to see so many new faces and hear lots for great ideas for the upcoming year. Feel free to join our meetings at any point during the year. If you have any questions please check us out on Facebook at Sherwood Home & School or send an email to [sherwoodhomeandschool@gmail.com](mailto:sherwoodhomeandschool@gmail.com).

Did you know that if you contribute funds to the United Way you can indicate where you would like that money to go? Did you also know that one of the choices is Sherwood Home and School? Please consider choosing Sherwood Home and School when signing up with the United Way.

At the first meeting it was decided that we will have our monthly meeting the second Tuesday of the month. That means our next meeting will be Tuesday, November 12<sup>th</sup> at 7:00 pm in the library. Hope to see you all there.

## Triple P-Positive Parenting Seminars

Attention Dads, Moms and Guardians:

Do you want to learn how to stay positive and confident as a parent and reduce stress in your family? Free Triple P-Positive Parenting Seminars will be held November 6<sup>th</sup>, 13<sup>th</sup> and 20<sup>th</sup> at Murphy's Community Centre (room 207) from 7:00-8:30pm. Triple P is an international project promoted and supported by the Government of Prince Edward Island. There are three sessions in the seminar series, and each session addresses a different theme. Fathers, mothers, grandparents and guardians are welcome! Free onsite child care will be provided by CHANCES.

For more information, contact Catherine Noseworthy at [cnoseworthy@upe.ca](mailto:cnoseworthy@upe.ca)

## Focus on Self-Regulation

Sherwood School is working with a new resource to support self-regulation both at home and in the classroom. Children need the ability to self-regulate in order to be READY. Children need to be ready to attend and inhibit impulses. They need support and time to understand how to regulate so that they can build skills, learn, participate and socialize. Special FOCUS Sequences integrate research-based strategies into a single sequence of regulating activities that can be done with any age, across any environment and all in about 5 minutes.

## Bricks 4 Kidz: Ticket to Ride

Delve into the history and mechanics of favorite amusement park rides in this imaginative unit. Students will construct a Carousel Swing, Tilt a Whirl, Loop de Loop ride, Swing boat ride, and Merry Go Round. Lessons incorporate principles of physics, described in a way children can understand, such as "G-force" inertia and momentum, as well as math concepts such as "there are 360 degrees in a circle". These engaging lessons will give students an understanding of the physical forces they experience every day.

Advanced student will also have the opportunity to build with EV3s.

At the end of the six week session, all students will take home a minifigure.

Mondays Nov. 4- Dec. 16<sup>th</sup> (excluding Nov. 11) 2:30 pm-3:30 p.m

\$80/6 sessions

Register online: [Bricks 4 kidz registration](#)

Contact: Sarah Fletcher [managerb4kpei@gmail.com](mailto:managerb4kpei@gmail.com)