

SHERWOOD NEWS

Sherwood Elementary School

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Principal: Parker Grimmer

Vice Principal: Francyne Doiron

October 2, 2024

DATES TO REMEMBER

October 1 to 9 – Food Drive

October 8 – Cross Country Zone Gr. 3-6 (Rain date Oct 9)

October 9 – Healthy Snack Wednesdays

October 10 – Picture Retake Day

October 11 – Thanksgiving Assembly (Gr. 2 perform)

October 14 – Statutory Holiday (no classes)

October 22 – HPV Vaccination (Grade 6)

October 17 – Bus evacuation drill

October 23 – lock down drill (@ 10:30)

November 5 - Home & School meeting

TERRY FOX RUN – THANK YOU!

Hi everyone,

Thank you everyone for another successful school Terry Fox run! A number of people have inquired where they can purchase t-shirts. I have attached the link below, if you would like to look.

<https://shop.terryfox.org/collections/2023-terry-fox-run-shirt>

THANKSGIVING ASSEMBLY

The Thanksgiving Assembly will be held on Friday, October 11 at 12:15 in the gym. The grade 2 classes will be performing, and families of those students are welcome to attend. The students have started practicing and are excited to share their presentation with you!

FOOD DRIVE

We are continuing to collect non-perishable food items until October 9. Let's collect as much as we can to help others at this time.

All food will be displayed at the Thanksgiving Assembly on October 11. Any donations of non-perishable food items will be appreciated, and these will be forwarded to The Upper Room Food Bank in Charlottetown. The Sherwood community is always very generous, and we hope this tradition continues. Let's fill our stage with food!

CELEBRATING DIVERSITY

Sherwood school wants to continue celebrating the wonderful diversity in our community. A Diversity/Inclusion Committee has been formed in order to connect with family and community members who may be interested in becoming involved at the school. If you are interested in sharing aspects of your culture, language or experience with students, you can reach out at anytime to nkwaite@edu.pe.ca (Nicole Waite). Sharing could include anything from stories, history, language, dance, music, photos, books, or anything else really.

Diwali 2024

As many families in PEI prepare to celebrate Diwali, we are looking for any community members who may

wish to be involved in sharing about this celebration with students at Sherwood. We would also be happy for any community members who would like to share about the music, culture or language of India. Please contact nkwaite@edu.pe.ca if you would like to get involved in this way, or in any other way.

PBIS

Sherwood is one of 18 schools in the PSB selected to implement a new school culture initiative. Positive Behavior Interventions and Supports (PBIS) is a proactive, evidence-based framework for establishing a positive, safe and inclusive whole-school culture. It involves systematic and individualized behavior support strategies based on data that empowers individual schools and communities to focus on social and learning outcome achievement. As an organizing framework, PBIS helps schools to determine how they want to operate as a community, what type of learning environment they want to create, and what that means in terms of learner behavior and academic growth and achievement. We are just at very beginning stages of this school-wide work and we are pleased Sarah King has agreed to lead this work for our school community.

PICTURE RETAKES

Picture retakes will take place on October 10. Students who missed getting their pictures taken can get their pictures done at this time. Pictures will only be taken by parent request.

LOCKDOWN DRILL

We will be practicing our first Lockdown drill Wednesday, October 23 at 10:30 a.m. The drill will take about 15 minutes to complete. Parents are asked to please not enter the school during this time.

CROSS COUNTRY RUNNING AND KILOMETER CLUB

We have had a great turnout of runners in grades 3-6 who are practicing Cross Country Running at recess time. We will be practicing on days 2,4 and 6 at first recess. Students meet the PE teachers and run to Rosedale park for practice. Any students wishing to continue to work of their Kilometer Club badges are also encouraged to participate at this time; they can walk or run to earn badges.

BUS PASSES

Our bus fleet is running at full capacity. We are unable to provide bus passes for anything other than childcare needs at this time.

AFTER SCHOOL PLANS

A reminder that any changes to a student's after school plan needs to be arranged **prior to coming to school**. We ask that changes be communicated to teachers in writing. Bus students are not permitted to walk home without written permission.

ATTENDANCE AND ENGAGEMENT IN THE PSB

As we mentioned in our first newsletter of the year, schools across PEI are renewing their emphasis on the importance of regular attendance. Being present and on time ensures that students have the best opportunity to engage fully in their learning and stay connected with their peers and teachers. In September, more than 80% of students missed fewer than 10% of school days. This is an optimistic start to our school year that we can build on! Let's continue working together to help reinforce the value of consistent attendance, as every day counts towards building a successful academic year

SCHOOL LUNCH PROGRAMS

Sherwood School is pleased to offer lunch options available through the *PEI School Food Program* as well as our own *HotLunches* program. A brief description of both can be found below.

PEI SCHOOL FOOD PROGRAM

The PEI School Food Program is a provincial lunch program that offers ALL island students K-12 a healthy and affordable lunch 5 days per week! The PEI School Food Program is accessible through the Bon Appétit ordering platform. User registration is now open at www.peischoolfood.org. We encourage you to check out the program and menu options online. Detailed information has been sent home with your child.

SHERWOOD HOT LUNCHES

Our school-based lunch program consists of white milk, chocolate milk, and Dominos Pizza on Fridays.

All orders must be placed by 9 am on the Saturday prior to the 2-week order cycle. Payments must be made online at the time of ordering, otherwise your child's order will not be processed.

MENU OPTIONS

Mondays to Friday: White Milk, 55 cents, and chocolate milk 75 cents.

For Fridays: Dominos Pizza (cheese pizza and pepperoni pizza the last Friday of the month) (\$2.50)

ONLINE ORDERING PROCESS

- Please visit www.sherwood.hotlunches.net
- Click on register on the upper right-hand corner
- Enter our school access code SEHL
- Fill in your information as required
- Make sure you register your child as the student and not yourself and ensure you pick the proper homeroom
- Please read the order dates carefully, we have had several parents order for the wrong 2-week period.
- If you need help at any time, please click on the "help" tab then select "parent instruction guide"
- Choose food items and become familiar with the service.

HEALTHY SNACKS WEDNESDAYS

Healthy Snack Wednesdays will return for every Wednesday starting October 9. Students will have the opportunity to try a different delicious healthy snack each Wednesday this year. The program is free and there is no requirement for a student to participate. The snacks will always be peanut/nut free and there will be an alternative snack on any weeks where the selected snack may have dairy/gluten in it. The first healthy snack will be local apples.

UTENSILS



Students are urged to bring their own fork and spoon and other utensils from their home for eating their lunches. The school has very limited supplies and is not able to provide utensils except in emergencies.

WATER BOTTLES

The school has several water bottle filling stations available for student use. It is very important that all students have a water bottle each day that comes to school filled up.

PEANUT/NUT RESTRICTED SCHOOL



Sherwood School is a peanut/nut restricted school. We have a number of students who have a life-threatening food allergy (anaphylaxis) to peanuts/nuts. Our school strives to keep these students safe in the school environment. It is necessary to check all ingredient labels to see if the products contain peanuts/nuts. Please do not send these products to school or on field trips at any time. In addition, we do not allow WOW butter in the school so please do not send this with your child. We appreciate the home and school-working together to provide a safe place for all our students. Thank you for your cooperation.

SCENT FREE SCHOOL

Please note that Sherwood School has a fragrance/scent free rule that complies with the Public Schools Branch.



We have seen an increase in concerns related to scents in schools. For many people when exposed to the ingredients in scented products it can adversely affect their health. People with allergies and asthma report that certain odors, even in small amounts, can cause asthma and/or other symptoms. The pertinent policy can be found here [604 Scented Products and Fragrances.pdf - Google Drive](#)

Some examples of scented products not to be used are perfumes, colognes, body sprays, scented oils, scented laundry detergents, diffusers, scented hand soaps and incense.

Thank you for your care and attention following this policy when you come into the school. This policy is in place for the protection of everyone.

HOME & SCHOOL

The next Home & School meeting will be on Nov 5, at 6:30 pm in the Library. Everyone is welcome.

These meetings are a great way to stay connected with events happening at the school and we encourage you to attend. Everyone is welcome! If you have any questions you can reach Chair Sarah Boros at sherwoodhomeandschool@gmail.com or on our Facebook page.

HOME & SCHOOL NEWS, OCTOBER 2024

Register for Semi-Annual Meeting

The P.E.I. Home and School Federation's Semi-Annual Meeting will be held on Mon., Oct. 21, 2024, 6–8 pm at Central Queens Elementary School, Hunter River. Topics & Speakers are:

STUDENT HEALTH SURVEY PLANS:

* Cody Davenport, *COMPASS* program surveys grades 7-12 students; will share survey results and plans for the 2024-2025 school year.

SCHOOL BREAKFAST PROGRAMS & FOOD

SAFETY SUPPORTS:

* Courtney Shaffer, Inspector = What are Food Safety guidelines/supports for school food programs?

*Samantha Dougay, Dietitian = What's in a healthy breakfast menu?

* Heather Walker, Spring Park = This is how our breakfast program works.

*David Schult for Sterling Carruthers = Education and Early Years funding for school breakfast and snack programs

- Parents, educators, and students in your school community are welcome!
- Invite your school's breakfast program volunteers!

REGISTER by Oct. 16/24 at:

<https://forms.gle/tbamHFKUu8ebi4fv9>

📣 Training Workshops for Volunteers

Vicki Bryanton and Stephen Gould will lead Home and School Training Workshops as follows:

Nov. 4 – Ellerslie Consolidated School, 6:30 – 8:00 pm

Nov. 5 – Eliot River Elementary School, 6:30 – 8:00 pm

Guidance for executive positions (i.e., President, Co/Vice President, Secretary); Bookkeeping tips for Treasurers and general information for all volunteers.

No cost. Register by emailing peihsf@gov.pe.ca or call 902-620-3186 by **Oct. 30.**

📣 Crossing Guard Recognition Award

Awards recognize deserving individuals in school communities. The P.E.I. Home and School Federation Crossing Guard Award celebrates individuals who help keep students safe every school day. Nominations are due **Nov. 1.** Find the application at:

<https://peihsf.ca/Crossing-Guard-Award>.

📣 Parent Leadership Grants

Funds available for up to \$500 for Home and Schools to organize parent educational information sessions.

Invite speakers to address topics of interest to your school community (i.e., Mental Wellness, Student Well Being Teams, Cyberbullying Awareness, School Food Programs, Proper Use of Cell Phones). Submission deadline: **Nov. 8.** PL Grant online:

<https://peihsf.ca/grants/>

📣 PSB Public meetings: Charlottetown Family of Schools study

The Board of Trustees is now engaging with the Charlottetown school community and stakeholders to receive feedback on the recommendations contained in the report. To review the report, [visit the Public Schools Branch's website](#). Share your feedback by emailing psb-schoolreview@edu.pe.ca using "Charlottetown Family of Schools" in the subject line by Oct. 18/24. Share input by attending a public meeting: Oct. 1, 6:30 pm, Spring Park Elementary; Oct. 8, 2024, 6:30 pm, Charlottetown Rural High School; Oct. 10, 2024, 6:30 pm, Birchwood Intermediate School.

📣 PEI's Auditor General's Report: Healthiness of Food in Schools, Sept. 18/24

- READ: [The auditor general's full report on nutrition in P.E.I. schools](#)
- LISTEN: <https://www.youtube.com/watch?v=Ff1oHBRaDIU>

📣 Education and Economic Development: Public Schools Branch

Staffing Presentation, Sept. 19/24

- READ: <https://docs.assembly.pe.ca/PSBStaffing>
- LISTEN: <https://www.youtube.com/watch?v=Ff1oHBRaDIU>

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