SHERWOOD NEWS

Sherwood Elementary School

64 Maple Avenue Charlottetown, PE C1A 6E7

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Vice Principal: Francyne Doiron **Principal: Parker Grimmer**

October 4, 2023

DATES TO REMEMBER

October 6 - Thanksgiving Assembly (Gr. 2 perform)

October 9 - Statutory Holiday (no classes)

October 11 – Earth Rangers October 11 – Cross Country meet

October 13 - K-5 Safety Presentations

October 16 - Bus evacuation drill

October 18 - School Picture Retakes

October 25 – Lock down drill October 27 – Professional Learning Day (no classes)

FOOD DRIVE

We are continuing to collect non-perishable food items until October 5. Let's collect as much as we can to help others at this time.

THANKSGIVING CONCERT/FOOD DRIVE

The Thanksgiving Assembly will take place on October 6 at 12:20 in the gym. The grade 2 students are preparing for this performance and we welcome family members of those students to attend. As is the tradition at Sherwood, we will be revealing the food that has been collected during the food drive at this assembly and hope to fill the stage area with food. Thank you for your donations.

EARTH RANGERS AND CALL2RECYLCE

Waste Reduction Week takes place in October and the Earth Rangers and Call2Recycle are partnering on a great program where elementary schools in PEI will compete for who can collect the most used batteries. The Earth Rangers and Call2Recycle Battery Blitz School Mission is to collect as many used batteries by encouraging students, parents, staff, and community members to bring them to their school and dispose of them in one of the 10 Call2Recycle collection boxes. This challenge will kick off on October 3 and Sherwood students and their families will have 4 weeks to collect used batteries. There are three amazing Cash Grand Prizes available for the 3 PEI schools that bring in the most batteries! Let's see if Sherwood Elementary can be one of them!

Sherwood students will also participate in The Earth Rangers School Assembly on October 11 at 10:00 a.m. The assembly is a dynamic and interactive presentation for Kindergarten through Grade 6. Through the power of live animal demonstrations and positive, science-based information, the program educates students about the threats facing animals and the environment, highlights real conservation initiatives across Canada, and motivates them to want to get involved. The school assembly will highlight amazing animals and their superpowers - thus explaining the importance of biodiversity and how animals' unique adaptations allow them to thrive in their specific ecosystems. The presentation will provide students with tangible ways they can help protect these ecosystems and show the big collective impact small, everyday actions can have.

SAFETY PRESENTATIONS

Constable Jana Vessey from the Charlottetown City Police will be coming to the school on October 13 to conduct safety presentations with K-Grade 5 students. These brief presentations will take place in the gym and the content will be grade/age appropriate.

BUS PASSES

Our bus fleet is running at full capacity. We are unable to provide bus passes for anything other than childcare needs at this time.

AFTER SCHOOL PLANS

A reminder that any changes to a student's after school plan needs to be arranged prior to coming to school. We ask that changes be communicated to teachers in writing. Bus students are not permitted to walk home without written permission.

STUDENT DROP OFF/PICK UP

The Cody Banks parking lot is the designated pick up/drop off area. There is a paved pathway at the back of the lot where students can safely cross over to our parking lot. For safety reasons, parents please do not drop off or pick up students on Maple Avenue, Pine Drive or the school's parking lot.

LATE FOR SCHOOL

Parents, if your child is late for school, please remember that all doors are locked. Please go to the main door and be buzzed in. Thank you for parking at Cody Banks when dropping off or picking up students during the school day.

PICTURE RETAKES

Picture retakes will take place on October 18. Students who missed getting their pictures taken can get their pictures done at this time.

PLAYGROUND FUND

Donations can be made on our Hotlunch Program any time throughout the year. Thank you for your continued support!

SCHOOL LUNCH PROGRAMS

Sherwood School is pleased to offer lunch options available through the PEI School Food Program as well as our own HotLunches program. A brief description of both can be found below.

PEI SCHOOL FOOD PROGRAM

The PEI School Food Program is a provincial lunch program that offers ALL island students K-12 a healthy and affordable lunch 5 days per week! The PEI School Food Program is accessible through the Bon Appétit ordering platform. User registration is now open at www.peischoolfood.org. We encourage you to check out the program and menu options online.

SHERWOOD HOT LUNCHES

Our school-based lunch program consists of white milk, chocolate milk, and Stratford Pizza on Fridays.

All orders must be placed by 9 am on the Saturday prior to the 2-week order cycle. Payments must be made online at the time of ordering, otherwise your child's order will not be processed.

MENU OPTIONS

Mondays to Friday: Milk, 50 cents, and chocolate milk 75 cents.

Fridays: Stratford Pizza (cheese pizza and pepperoni pizza the last Friday of the month) (\$2.50)

ONLINE ORDERING PROCESS

- Please visit <u>www.sherwood.hotlunches.net</u>
- Click on register on the upper right-hand corner
- Enter our school access code SEHL
- Fill in your information as required
- Make sure you register your child as the student and not yourself and ensure you pick the proper homeroom
- Please read the order dates carefully, we have had several parents order for the wrong 2-week period.
- If you need help at any time please click on the "help" tab then select "parent instruction guide"
- Choose food items and become familiar with the service.

BREAKFAST PROGRAM

The Breakfast runs Monday through Friday from 8:05 a.m. until 8:40 a.m. Students who use this program are asked to enter the gym through the Garden doors. Students will be served toast, milk or juice, and fruit. All students are welcome. Volunteers are needed to help with the successful running of this program. If you would like to volunteer, please contact Jesse Foster at 902-368-6780

STUDENT SNACKS

Please remember to send a snack with your children for morning snack break. All snacks must be peanut and nut free.

WATER BOTTLES

The school has several water bottle filling stations available for student use. It is very important that all students have a water bottle each day that comes to school filled up.

PEANUT/NUT RESTRICTED SCHOOL

Sherwood School is a peanut/nut restricted school. We have a number of students who have a life-threatening food allergy (anaphylaxis) to peanuts/nuts. Our school strives to keep these students safe in the school environment. It is necessary to check all ingredient labels to see if the products contain peanuts/nuts. Please do not send these products to school or on field trips at any time. In addition, we do not allow WOW butter in the school so please do not send this with your child. We appreciate the home and school-working together to provide a safe place for all our students. Thank you for your cooperation.

LOST AND FOUND LINK

https://drive.google.com/file/d/1M3lLC-jGMQ89Dg1916zCyBYCmaoGo8nN/view?usp=sharing

SCENT FREE SCHOOL

Please note that Sherwood School has a fragrance/scent free rule that complies with the Public Schools Branch.

HOME & SCHOOL

The next Home & School meeting will be on Nov7, at 6:00 pm in the Library. Everyone is welcome.

HOME & SCHOOL TREE SAPLING FUNDRAISER

All proceeds from sapling sales will go to help with programs at Sherwood as well as the new playground. Limited quantities in some trees so order fast so you don't miss out.

https://sherwood-school-clothing-sale.company.site/?fbclid=lwAR2WTD85S-NHoDuPEaq2c2FNyvLPNtqf0mFuFUN7vtN2PWAMROve-r-t-CM

HOME & SCHOOL NEWS, OCTOBER 2023

Semi-Meeting

The PEI Home and School Federation's Semi-Annual Meeting will be held on Monday, October 23, 2023, 6:00-8:00 PM at Central Queens Elementary School, 19821 2 Rte, Hunter River, PE C0A 1NO. Light refreshments provided.

"HELP MY CHILD" Panel Discussion topics/speakers will include:

- 1. What is Home & School? David Schult,
 Former international school teacher and
 administrator having worked overseas for over
 24 years, in seven countries before returning
 to Canada in 2021, will provide background
 and context to what Home and School is and
 does
- 2. COMPASS Student Health Survey! Cody Davenport, PEI COMPASS Research Project Lead, PEI Chief Public Health Office, will present student health survey results about their health and health behaviours including sedentary behaviours, physical activity, mental health, healthy eating, substance use, bullying, academic outcomes, and sleep.
- 3. Screens in schools: simple ways to maximize the benefits and minimize the harms! Dr. Travis Saunders, PhD, CSEP CEP, Professional Kinesiologist (he/him), UPEI Associate Professor, Dept. Applied Human Sciences. Screens are an increasingly regular part of the school day bringing both opportunities and challenges for student learning and health. Dr. Saunders will give an overview of research on the ways that schools can maximize the benefits and minimize the harms of screen use in schools.

REGISTER by Oct. 18/23 using the Online
Registration Form linked here:
https://docs.google.com/forms/d/1jqKPoXSDO1MH9G
ulZ9Hp3xqXJbtNXtr1dENvPmPmqEM/edit

Training Workshops for Volunteers

Vicki Bryanton and Stephen Gould will lead Home and School Training Workshops as follows:

Nov. 6 - Miscouche Consolidated School, 6:30 - 8:00 PM

Nov. 7 - West Royalty Elementary School, 6:30 – 8:00 PM

All school volunteers are welcome! No cost. Register by emailing peihsf@gov.pe.ca or call 902-620-3186 by Nov. 1st.

Follow PEIHSF on Twitter @peihsf and Facebook at: PEI Home and School Federation

COMMUNITY ANNOUNCEMENTS

CHARLOTTETOWN SKATING CLUB

The Charlottetown Figure Skating Club is an official Skate Canada club which offers instructional skating to children and youth. Programs are offered in CanSkate, Skate Canada's learn-to-skate program, STARSkate, to develop advanced skills in figure skating, and CompetitiveSkate, for those training to compete. All programs are conducted by Skate Canada Certified coaches.

CanSkate is offered on Thursday evenings and Saturday mornings at Simmons Arena. Two instructional blocks are held from October to December and January to March. ONLINE Registration: Information about our programming and registration can be found on our website at www.charlottetownskatingclub.ca. Registration for all programs is open on our website. Questions can be directed to our registrar at canskaters@gmail.com. Please note, funding through Kidsport and Jumpstart programs are available to cover the cost of programming.

BOYS AND GIRLS CLUB

Hello Sherwood Elementary Families,

We have an update about our exciting new programs beginning October 3rd!

We will be offering two Evening Programs for participants aged 5-12. Tuesdays and Thursdays, from 6:00 pm to 8:00pm. Each night, participants will be served a hot meal as part of programming. These programs will run for 12 weeks.

On Tuesday nights, we will run Kitchen Quest. Kitchen Quest is a cooking and baking program, designed to build knowledge and confidence in our young chefs! Participants will learn many skills, including how to use kitchen tools, plan, and eat balanced meals!

On Thursday nights, we will facilitate Imagination Station. For our curious and creative participants, Imagination Station will explore a variety of artspainting, sculpting, drama, music, dance, and more!

Registration for Evening Programs is now available on the our <u>main website</u>. There are 20 spots available for each evening; the program cost is \$120 for all twelve weeks (this fee is for 1 night per week). There are also internal scholarships available if funding is a barrier for your participation in the program. Please contact our Office Administrator, Leon, at admin@bgcharlottetown.com for more information.

Youth Night: Starting Wednesday, October 4th we will kick off our Youth Night Program from 6:00 pm to 8:00 pm. This program is for participants aged 13-16. We'll provide supper and lots of options for activities (video games, art supplies, sports equipment, the list goes on).

We also have a few spots remaining for our afterschool program which happens every weekday from 3pm-6pm if you are interested you can find more information here

Thank you, and we hope to see your participants there!

Leon TarabukinOffice Administrator **BGC Charlottetown**

35 St. Peter's Rd, Charlottetown, PE, C1A 5N1 Admin@BGCharlottetown.com http://bgccharlottetown.com

CHARLOTTETOWN MINOR BASKETBALL

To register please go to: http://tigersbasketball.ca/

The program will begin Tuesday, October 17.